

Stanmore Association For Independent Retired Enthusiasts

Stanmore Synagogue

London Road

HA7 4NS

020 8954 2210 SAFIRE@StanmoreSynagogue.org

www.sacps.org.uk



Programme for Autumn 2026

Thursday 8 October

Scott Mitchell
will tell us all
about living with
(and caring for)
Barbara Windsor



All meetings will be held
upstairs in the
Freeman Susman Hall.

1.15pm: Doors open

1.15 – 1.45pm: social
catch-up and/or informal
entertainment

1.45 – 3.00pm: speaker or
activity

3.00pm: Tea

Thursday 15 October



The wonderful
**Harrow U3A
Choir**

will entertain us
(and invite you
to join in if
you wish...)

CAFE SHMOOZE

Thursdays
12.00 noon – 1.30pm

WHAT'S ON THE MENU

HOT DRINKS
DELICIOUS HOMEMADE SOUP
FABULOUS SALAD BAR
BAGELS, ROLLS & JACKET POTATOES
WITH A CHOICE OF FILLINGS & SPREADS
TEA CAKES & CRUMPETS
LOKSHEN PUDDING & APPLE STRUDEL

Every Thursday morning at 11.30 we also have a specialist exercise class designed
to build strength and balance and increase mobility and stamina.

£5 per class, no pre-booking required.

Everyone is welcome at SAFIRE. There is no upper or lower age limit and
seating is unreserved. See back page for membership details.

Thursday 22 October

Rob Brewer
will share insights from his
**Roles as a TV and
Film Extra**



Thursday 29 October



**Agent Zigzag: Eddie
Chapman the double agent**

Paul Barwick
will tell us about
Eddie Chapman
and the life and
crimes of double agent
Zigzag



Thursday 5 November

Alan Kleinman
will take us back to the
Swinging Sixties

Thursday 12 November

Joanne Larner
will teach us how to do
Handwriting analysis
just for fun



Thursday 19 November

Judy Karbritz
will reveal all about
Neil Sedaka:
Sweet Sixteen
and beyond...



Sunday 22 November



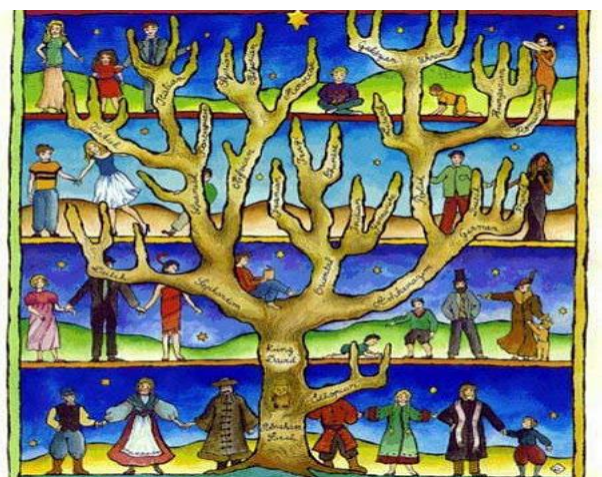
Annual Mitzvah Day tea party

from 2.30-4.30pm
with live entertainment,
**Free for all SACPS, AJEX
and SAFIRE Annual
and Termly members.**
£7 for SAFIRE PAYG
and non-members

! Pre-booking essential !

Thursday 26 November

The United Synagogue's
Ben Vos
will tell us about
Jewish Genealogy



Thursday 3 December

Lindsey Barrell

will relate her experiences of

**Bringing Burlesque
to the Women's Institute**



**Thursday 10
December**

Gary Briggs

will call us for our

**Chanukah Party
Musical Bingo**

Thursday 17 December

End of term singalong with

The **Stanmore U3A
Ukelele Orchestra**



EVERYONE IS WELCOME AT SAFIRE

We offer an annual club membership of £70 (just £45 for members of Stanmore Shul) or term membership of £30 (£20)

or you can pay as you go, at £5 a session

To get involved – whether as a member, a speaker or a volunteer – please contact

SAFIRE@StanmoreSynagogue.org or

Jo Briggs 07966 223330

Sarah Levy 07743 899773

