



BNB



**STANMORE & CANONS PARK
BAR & BAT MITZVAH PROGRAMME
LAUNCHES 28TH OF SEPTEMBER 2025**



WHAT'S INCLUDED IN STANMORE'S BAR & BAT MITZVAH PROGRAMME 25/26?



1) MONTHLY SUNDAY SESSIONS

Monthly Sunday night session with dinner for the kids and a discussion for the parents (where indicated, led by Rabbi Eli). This is the backbone of the BnB programme and covers topics/activities such as:

- Significance of a Bar/Bat mitzvah
- Differences between boys and girls in Jewish practice and thought
- Navigating the shul service
- Being Jewish in the modern world
- The role of Israel
- Tefillin workshop & challah bake
- Chess and volunteering
- Torah reading skills 101
- Women of strength
- GIFT volunteering day



2) ISRAEL TWINNING PROGRAMME

Now in our third year, this unique project gives our BnB kids the chance to 'twin' with children of a similar age in the Talpiot Youth Village for vulnerable and underprivileged children in Israel.

- Build lasting friendships
- Develop Hebrew-speaking skills
- Collaborate on joint projects
- Help support Israel
- Learn how to engage in philanthropy
- Enjoy an unforgettable Shabbaton together in London



3) EXCLUSIVE BNB OUTINGS

- Winter ice skating at Winter Wonderland
- Summer graduation trip (it's a surprise!)



The BnB Programme helps prepare our youngsters practically and emotionally for the 'big day', in a fun and relaxed space with other children their age.

BNB 24/25 PROGRAMME CALENDAR

SEPT 2025

Sunday 28th @ 6:30pm - Launch - getting to know each other!
(Parents invited)



OCT 2025

Sunday 26th @ 6:30pm - 'Why is there a difference between boys & girls?'
(Parents invited)

NOV 2025

Sunday 16th @ 6:30pm - Torah reading 101 / Women of Strength



DEC 2025

Sunday 7th @ TBC - Special outing to Winter Wonderland!



JAN 2025

Sunday 18th @ 6:30pm - Tefillin workshop / Challah bake
(Parents invited)



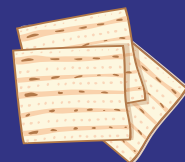
FEB 2025

Sunday 22nd @ 6:30pm - Tzitzit making / Candle decorating



MAR 2025

Sunday 22nd @ 6:30pm - Pesach and our freedom today.
(Parents invited)



APR 2025

Sunday 26th @ 6:30pm - Special Yom Ha'atzmaut session:
Why is Israel important to us? [LAUNCH OF TALPIOT PROJECT]



MAY 2025

Sunday 31st @ 6:30pm - The Great GIFT Giving Project



JUL 2025

Sunday 5th @TBC - Summer outing and mega graduation



STANMORE
tribe



**IN THE WAKE OF OCT 7TH, STANMORE BNB
PIONEERED A UNIQUE PROJECT TO SHOW
OUR LOVE AND SUPPORT FOR OUR
BROTHERS AND SISTERS IN ISRAEL.
RUNNING AS AN ADDED EXTRA TO THE
MAIN BNB PROGRAMME, THE 'TALPIOT
TWINNING PROJECT' RUNS FROM MAY TO
DECEMBER, THE HIGHLIGHT OF WHICH IS A
MAGICAL SHABBATON WEEKEND TOGETHER
IN STANMORE, IN SEPTEMBER/OCTOBER.**